



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Möwald, Reiner

Club: Rennsteiglaufverein Germersheim
Number: 140

Course: 99.83 km
Thüringen Ultra

Category:
Männer M35

Total time: 13:46:33

Speed: 7.19 km/h
Running performance: 8:17 min/km

Rank in course/Total: 124 (of 212)

Rank in course/Men: 111 (of 185)

Best time in course: 8:36:39

Rank in category: 11(of 16)

Best time in the category: 9:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:36:44	6:32	9	34:36	73	40:45	23.96	2:36:44	6:32	13			126	
Floh-Seligenthal	26.92	3:19:18	7:24	13	1:01:48	126	1:09:44	50.88	5:56:02	6:59	13			126	
Finsterbergen	24.12	3:47:02	9:24	11	1:33:46	125	1:37:26	75.00	9:43:04	7:46	12	3:10:08	116	3:23:13	
Fröttstädt	24.83	4:03:29	9:48	12	2:48:00	108	2:50:59	99.83	13:46:33	8:16	12	6:23:04	115	7:56:57	