



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Eberle, Dietrich

Club: 1974 Marathon Verein  
Number: 228

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M55

Total time: 13:52:40

Speed: 7.19 km/h  
Running performance: 8:20 min/km

Rank in course/Total: 125 (of 212)

Rank in course/Men: 112 (of 185)

Best time in course: 8:36:39

Rank in category: 8(of 17)

Best time in the category: 11:18:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:08:34	7:52	15	47:49	168	1:12:35	23.96	3:08:34	7:52	1	-	127	8:56
Floh-Seligenthal	26.92	3:27:12	7:41	13	50:07	142	1:17:38	50.88	6:35:46	7:46	1	-	127	24:47
Finsterbergen	24.12	3:26:28	8:33	5	31:38	90	1:16:52	75.00	10:02:14	8:01	1	-	117	3:42:23
Fröttstädt	24.83	3:50:26	9:16	5	32:28	83	2:37:56	99.83	13:52:40	8:20	8	2:34:16	116	8:03:04