



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Bracht, Gerhard

Club: EK Schwaikheim
Number: 159

Course: 99.83 km
Thüringen Ultra

Category:
Männer M60

Total time: 14:16:24

Speed: 6.94 km/h
Running performance: 8:35 min/km

Rank in course/Total: 132 (of 212)

Rank in course/Men: 119 (of 185)

Best time in course: 8:36:39

Rank in category: 5(of 9)

Best time in the category: 12:55:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:55:29	7:19	4	11:55	126	59:30	23.96	2:55:29	7:19	5	5:48	135	
Floh-Seligenthal	26.92	3:39:59	8:10	9	39:31	156	1:30:25	50.88	6:35:28	7:46	5	45:19	135	24:29
Finsterbergen	24.12	3:50:49	9:34	6	28:03	128	1:41:13	75.00	10:26:17	8:21	5	1:13:22	125	4:06:26
Fröttstädt	24.83	3:50:07	9:16	2	7:55	82	2:37:37	99.83	14:16:24	8:34	5	1:21:17	123	8:26:48