



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Bracht, Gerhard

Club: EK Schwaikheim
Number: 159

Course: 99.83 km
Thüringen Ultra

Category:
Männer M60

Total time: 14:16:24

Speed: 6.94 km/h
Running performance: 8:35 min/km

Rank in course/Total: 132 (of 212)

Rank in course/Men: 119 (of 185)

Best time in course: 8:36:39

Rank in category: 5(of 9)

Best time in the category: 12:55:07

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Stage score | | Pos | Behind | Total | | Pos | Behind | Total ranking | |
|------------------|-------|---------|------|--------|-------------|------|---------|--------|----------|------|-----|---------|---------------|---------|
| | km | Time | | | min/km | Cat. | | | Men | Men | | | km | Time |
| Ruhlaer Skihütte | 23.96 | 2:55:29 | 7:19 | 4 | 11:55 | 126 | 59:30 | 23.96 | 2:55:29 | 7:19 | 5 | 5:48 | 135 | |
| Floh-Seligenthal | 26.92 | 3:39:59 | 8:10 | 9 | 39:31 | 156 | 1:30:25 | 50.88 | 6:35:28 | 7:46 | 5 | 45:19 | 135 | 24:29 |
| Finsterbergen | 24.12 | 3:50:49 | 9:34 | 6 | 28:03 | 128 | 1:41:13 | 75.00 | 10:26:17 | 8:21 | 5 | 1:13:22 | 125 | 4:06:26 |
| Fröttstädt | 24.83 | 3:50:07 | 9:16 | 2 | 7:55 | 82 | 2:37:37 | 99.83 | 14:16:24 | 8:34 | 5 | 1:21:17 | 123 | 8:26:48 |