



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Ohland, Jürgen

Club: TV 1848 Coburg  
Number: 233

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 14:18:11

Speed: 6.92 km/h  
Running performance: 8:36 min/km

Rank in course/Total: 133 (of 212)

Rank in course/Men: 120 (of 185)

Best time in course: 8:36:39

Rank in category: 26(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:56:46	7:22	27	1:00:47	135	1:00:47	23.96	2:56:46	7:22	10	8:40	136	
Floh-Seligenthal	26.92	3:25:30	7:38	28	1:14:12	138	1:15:56	50.88	6:22:16	7:30	10	27:57	136	11:17
Finsterbergen	24.12	3:43:35	9:16	24	1:21:01	121	1:33:59	75.00	10:05:51	8:04	9	8:55	126	3:46:00
Fröttstädt	24.83	4:12:20	10:09	25	1:47:47	119	2:59:50	99.83	14:18:11	8:35	26	5:12:28	124	8:28:35