



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Preißler, Lothar

Club: Team Erdinger Alkoholfrei
Number: 120

Course: 99.83 km
Thüringen Ultra

Category:
Männer M60

Total time: 14:22:20

Speed: 6.89 km/h
Running performance: 8:38 min/km

Rank in course/Total: 136 (of 212)

Rank in course/Men: 123 (of 185)

Best time in course: 8:36:39

Rank in category: 6(of 9)

Best time in the category: 12:55:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:03:03	7:38	8	19:29	156	1:07:04	23.96	3:03:03	7:38	6	13:22	139	3:25
Floh-Seligenthal	26.92	3:16:15	7:17	4	15:47	119	1:06:41	50.88	6:19:18	7:27	6	29:09	139	8:19
Finsterbergen	24.12	3:52:18	9:37	7	29:32	129	1:42:42	75.00	10:11:36	8:09	6	58:41	129	3:51:45
Fröttstädt	24.83	4:10:44	10:05	6	28:32	116	2:58:14	99.83	14:22:20	8:38	6	1:27:13	126	8:32:44