



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Hloucal, Stephan

Club: DUV-Erfurt
Number: 213

Course: 99.83 km
Thüringen Ultra

Category:
Männer M55

Total time: 14:23:07

Speed: 6.88 km/h
Running performance: 8:39 min/km

Rank in course/Total: 137 (of 212)

Rank in course/Men: 124 (of 185)

Best time in course: 8:36:39

Rank in category: 11(of 17)

Best time in the category: 11:18:24

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	23.96	3:03:53	7:40	11	43:08	160	1:07:54	23.96	3:03:53	7:40	7		140	4:15
Floh-Seligenthal	26.92	3:22:46	7:31	12	45:41	133	1:13:12	50.88	6:26:39	7:35	7		140	15:40
Finsterbergen	24.12	3:46:04	9:22	13	51:14	124	1:36:28	75.00	10:12:43	8:10	7	10:29	130	3:52:52
Fröttstädt	24.83	4:10:24	10:05	9	52:26	115	2:57:54	99.83	14:23:07	8:38	11	3:04:43	128	8:33:31