



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Olbrisch, Wolfgang

Club: Kartuschen-Papst Köln-Ostheim
Number: 106

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 14:26:35

Speed: 6.85 km/h
Running performance: 8:41 min/km

Rank in course/Total: 139 (of 212)

Rank in course/Men: 126 (of 185)

Best time in course: 8:36:39

Rank in category: 35(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:49:01	7:03	33	37:40	104	53:02	23.96	2:49:01	7:03	1	-	142	
Floh-Seligenthal	26.92	3:24:56	7:36	40	57:26	137	1:15:22	50.88	6:13:57	7:20	1	-	142	2:58
Finsterbergen	24.12	4:09:37	10:20	40	2:00:01	144	2:00:01	75.00	10:23:34	8:18	13		132	4:03:43
Fröttstädt	24.83	4:03:01	9:47	33	2:50:31	106	2:50:31	99.83	14:26:35	8:40	37	7:03:06	130	8:36:59