



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Schlüter, Eva

Club: 100 Marathon Club
Number: 161

Course: 99.83 km
Thüringen Ultra

Category:
Frauen W40

Total time: 14:27:58

Speed: 6.84 km/h
Running performance: 8:41 min/km

Rank in course/Total: 140 (of 212)

Rank in course/Women: 14 (of 27)

Best time in course: 10:18:40

Rank in category: 9(of 12)

Best time in the category: 10:18:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:56:33	7:22	9	41:15	15	41:15	23.96	2:56:33	7:22	9	29:27	14	6:56
Floh-Seligenthal	26.92	3:25:20	7:37	9	51:39	17	51:39	50.88	6:21:53	7:30	9	1:17:17	1	-
Finsterbergen	24.12	3:35:14	8:55	9	1:05:01	14	1:05:01	75.00	9:57:07	7:57	9	2:22:18	12	13:51
Fröttstädt	24.83	4:30:51	10:54	9	1:47:00	16	1:47:00	99.83	14:27:58	8:41	9	4:09:18	14	4:09:18