



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Schlüter, Gabriel

Club: 100 Marathon Club  
Number: 165

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M60

Total time: 14:27:58

Speed: 6.84 km/h  
Running performance: 8:41 min/km

Rank in course/Total: 141 (of 212)

Rank in course/Men: 127 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 9)

Best time in the category: 12:55:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:56:33	7:22	5	12:59	132	1:00:34	23.96	2:56:33	7:22	7	6:52	143	
Floh-Seligenthal	26.92	3:25:45	7:38	6	25:17	139	1:16:11	50.88	6:22:18	7:30	7	32:09	143	11:19
Finsterbergen	24.12	3:34:50	8:54	2	12:04	102	1:25:14	75.00	9:57:08	7:57	7	44:13	133	3:37:17
Fröttstädt	24.83	4:30:50	10:54	7	48:38	135	3:18:20	99.83	14:27:58	8:41	7	1:32:51	131	8:38:22