



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Zimmermann, Jörg

Club: Halberstadt  
Number: 100

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 14:40:58

Speed: 6.74 km/h  
Running performance: 8:49 min/km

Rank in course/Total: 145 (of 212)

Rank in course/Men: 131 (of 185)

Best time in course: 8:36:39

Rank in category: 20(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:56:32	7:22	25	56:30	131	1:00:33	23.96	2:56:32	7:22	11			147	
Floh-Seligenthal	26.92	3:30:16	7:48	24	1:13:33	147	1:20:42	50.88	6:26:48	7:36	11			147	15:49
Finsterbergen	24.12	3:43:49	9:16	20	1:19:53	122	1:34:13	75.00	10:10:37	8:08	11	27:18	137	3:50:46	
Fröttstädt	24.83	4:30:21	10:53	20	1:50:22	134	3:17:51	99.83	14:40:58	8:49	20	5:11:10	135	8:51:22	