



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Schiller, Detlef

Club: RYN Deutschland
Number: 110

Course: 99.83 km
Thüringen Ultra

Category:
Männer M50

Total time: 14:48:25

Speed: 6.69 km/h
Running performance: 8:54 min/km

Rank in course/Total: 150 (of 212)

Rank in course/Men: 136 (of 185)

Best time in course: 8:36:39

Rank in category: 29(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:50:43	7:07	23	54:44	110	54:44	23.96	2:50:43	7:07	13	2:37	154	
Floh-Seligenthal	26.92	3:30:42	7:49	31	1:19:24	148	1:21:08	50.88	6:21:25	7:29	13	27:06	154	10:26
Finsterbergen	24.12	4:00:47	9:58	27	1:38:13	134	1:51:11	75.00	10:22:12	8:17	12	25:16	144	4:02:21
Fröttstädt	24.83	4:26:13	10:43	29	2:01:40	130	3:13:43	99.83	14:48:25	8:53	29	5:42:42	140	8:58:49