



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Soehl, Herbert

Club: Tsv Ebersdorf
Number: 163

Course: 99.83 km
Thüringen Ultra

Category:
Männer M60

Total time: 15:47:30

Speed: 6.32 km/h
Running performance: 9:29 min/km

Rank in course/Total: 161 (of 212)

Rank in course/Men: 143 (of 185)

Best time in course: 8:36:39

Rank in category: 9(of 9)

Best time in the category: 12:55:07

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	23.96	3:02:11	7:36	7	18:37	152	1:06:12	23.96	3:02:11	7:36	9	12:30	162	2:33
Floh-Seligenthal	26.92	3:33:57	7:56	8	33:29	151	1:24:23	50.88	6:36:08	7:47	9	45:59	162	25:09
Finsterbergen	24.12	4:12:26	10:27	8	49:40	147	2:02:50	75.00	10:48:34	8:38	9	1:35:39	152	4:28:43
Fröttstädt	24.83	4:58:56	12:02	8	1:16:44	156	3:46:26	99.83	15:47:30	9:29	9	2:52:23	147	9:57:54