



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Hamer, Dr. Hubert

Club: Großhansdorf  
Number: 32

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 15:47:30

Speed: 6.27 km/h  
Running performance: 9:29 min/km

Rank in course/Total: 162 (of 212)

Rank in course/Men: 144 (of 185)

Best time in course: 8:36:39

Rank in category: 30(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:02:09	7:36	33	1:06:10	151	1:06:10	23.96	3:02:09	7:36	14	14:03	163	2:31
Floh-Seligenthal	26.92	3:33:57	7:56	32	1:22:39	151	1:24:23	50.88	6:36:06	7:47	14	41:47	163	25:07
Finsterbergen	24.12	4:12:29	10:28	31	1:49:55	148	2:02:53	75.00	10:48:35	8:38	13	51:39	153	4:28:44
Fröttstädt	24.83	4:58:55	12:02	33	2:34:22	155	3:46:25	99.83	15:47:30	9:29	30	6:41:47	147	9:57:54