



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

**Böttner, Oliver**

Club: Frankfurt  
Number: 230

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M35

Total time: 15:48:24

Speed: 6.26 km/h  
Running performance: 9:30 min/km

Rank in course/Total: 163 (of 212)

Rank in course/Men: 145 (of 185)

Best time in course: 8:36:39

Rank in category: 12(of 16)

Best time in the category: 9:03:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Ruhlaer Skihütte	23.96	3:00:39	7:32	15	58:31	145	1:04:40	23.96	3:00:39	7:32	15	7:45	164	1:01
Floh-Seligenthal	26.92	3:45:45	8:23	15	1:28:15	163	1:36:11	50.88	6:46:24	7:59	15	38:24	164	35:25
Finsterbergen	24.12	4:15:03	10:34	14	2:01:47	151	2:05:27	75.00	11:01:27	8:49	14	4:28:31	154	4:41:36
Fröttstädt	24.83	4:46:57	11:33	13	3:31:28	150	3:34:27	99.83	15:48:24	9:30	13	8:24:55	149	9:58:48