



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Baader, Volker

Club: München
Number: 130

Course: 99.83 km
Thüringen Ultra

Category:
Männer M40

Total time: 16:00:51

Speed: 6.18 km/h
Running performance: 9:37 min/km

Rank in course/Total: 166 (of 212)

Rank in course/Men: 148 (of 185)

Best time in course: 8:36:39

Rank in category: 25(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:51:08	7:08	23	51:06	112	55:09	23.96	2:51:08	7:08	6		167	
Floh-Seligenthal	26.92	3:22:50	7:32	22	1:06:07	134	1:13:16	50.88	6:13:58	7:20	6		167	2:59
Finsterbergen	24.12	4:22:53	10:53	26	1:58:57	156	2:13:17	75.00	10:36:51	8:29	6	53:32	157	4:17:00
Fröttstädt	24.83	5:24:00	13:02	26	2:44:01	163	4:11:30	99.83	16:00:51	9:37	25	6:31:03	152	10:11:15