



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Neufend, Klaus

Club: LSF Münster
Number: 247

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 16:00:52

Speed: 6.18 km/h
Running performance: 9:38 min/km

Rank in course/Total: 168 (of 212)

Rank in course/Men: 150 (of 185)

Best time in course: 8:36:39

Rank in category: 41(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	23.96	2:53:55	7:15	36	42:34	121	57:56	23.96	2:53:55	7:15	22	4:54	169	
Floh-Seligenthal	26.92	3:27:13	7:41	42	59:43	143	1:17:39	50.88	6:21:08	7:29	22	7:11	169	10:09
Finsterbergen	24.12	4:17:01	10:39	43	2:07:25	152	2:07:25	75.00	10:38:09	8:30	20		159	4:18:18
Fröttstädt	24.83	5:22:43	12:59	47	4:10:13	160	4:10:13	99.83	16:00:52	9:37	43	8:37:23	154	10:11:16