



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Hottas, Christian

Club: Rennsteiglaufverein  
Number: 246

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 16:03:17

Speed: 6.17 km/h  
Running performance: 9:39 min/km

Rank in course/Total: 169 (of 212)

Rank in course/Men: 151 (of 185)

Best time in course: 8:36:39

Rank in category: 32(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:38:26	9:06	37	1:42:27	181	1:42:27	23.96	3:38:26	9:06	16	50:20	170	38:48
Floh-Seligenthal	26.92	4:06:35	9:09	36	1:55:17	174	1:57:01	50.88	7:45:01	9:08	16	1:50:42	170	1:34:02
Finsterbergen	24.12	4:22:28	10:52	32	1:59:54	155	2:12:52	75.00	12:07:29	9:41	15	2:10:33	160	5:47:38
Fröttstädt	24.83	3:55:48	9:29	16	1:31:15	93	2:43:18	99.83	16:03:17	9:38	32	6:57:34	155	10:13:41