



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Drexler, Hans

Club: Lahmsoggen Nation
Number: 107

Course: 99.83 km
Thüringen Ultra

Category:
Männer M55

Total time: 16:10:03

Speed: 6.12 km/h
Running performance: 9:43 min/km

Rank in course/Total: 171 (of 212)

Rank in course/Men: 153 (of 185)

Best time in course: 8:36:39

Rank in category: 15(of 17)

Best time in the category: 11:18:24

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:30:26	8:46	16	1:09:41	177	1:34:27	23.96	3:30:26	8:46	2	21:52	173	30:48
Floh-Seligenthal	26.92	3:50:50	8:34	16	1:13:45	167	1:41:16	50.88	7:21:16	8:40	2	45:30	173	1:10:17
Finsterbergen	24.12	4:29:50	11:11	17	1:35:00	161	2:20:14	75.00	11:51:06	9:28	2	1:48:52	163	5:31:15
Fröttstädt	24.83	4:18:57	10:25	11	1:00:59	126	3:06:27	99.83	16:10:03	9:43	15	4:51:39	157	10:20:27