



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Schroeder, Christine

Club: 100 Marathon Club
Number: 127

Course: 99.83 km
Thüringen Ultra

Category:
Frauen W50

Total time: 16:28:50

Speed: 6.01 km/h
Running performance: 9:55 min/km

Rank in course/Total: 177 (of 212)

Rank in course/Women: 21 (of 27)

Best time in course: 10:18:40

Rank in category: 2(of 4)

Best time in the category: 15:08:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:40:28	9:12	4	34:14	26	1:25:10	23.96	3:40:28	9:12	4	34:14	4	50:51
Floh-Seligenthal	26.92	4:04:33	9:05	4	42:48	24	1:30:52	50.88	7:45:01	9:08	4	1:17:02	4	1:23:08
Finsterbergen	24.12	4:29:29	11:10	2	20:46	22	1:59:16	75.00	12:14:30	9:47	2	1:37:48	4	2:31:14
Fröttstädt	24.83	4:14:20	10:14	1	-	13	1:30:29	99.83	16:28:50	9:54	2	1:20:11	21	6:10:10