



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Böttcher, Robert

Club: DUV

Number: 15

Course: 99.83 km

Thüringen Ultra

Category:

Männer M40

Total time: 16:59:43

Speed: 5.83 km/h

Running performance: 10:13 min/km

Rank in course/Total: 183 (of 212)

Rank in course/Men: 161 (of 185)

Best time in course: 8:36:39

Rank in category: 27(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:08:25	7:51	29	1:08:23	167	1:12:26	23.96	3:08:25	7:51	2	8:32	182	8:47
Floh-Seligenthal	26.92	3:46:14	8:24	28	1:29:31	164	1:36:40	50.88	6:54:39	8:08	2		182	43:40
Finsterbergen	24.12	5:09:29	12:49	28	2:45:33	172	2:59:53	75.00	12:04:08	9:39	2	2:20:49	172	5:44:17
Fröttstädt	24.83	4:55:35	11:54	25	2:15:36	153	3:43:05	99.83	16:59:43	10:12	27	7:29:55	165	11:10:07