



4. Thüringer ULTRA

Fröttstädt / 03.07.2010

Detailed evaluation

Bruhn, Günther

Club: TG Waldsee
Number: 194

Course: 99.83 km
Thüringen Ultra

Category:
Männer M50

Total time: 17:13:19

Speed: 5.75 km/h
Running performance: 10:21 min/km

Rank in course/Total: 184 (of 212)

Rank in course/Men: 162 (of 185)

Best time in course: 8:36:39

Rank in category: 35(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	3:10:45	7:57	36	1:14:46	170	1:14:46	23.96	3:10:45	7:57	19	22:39	183	11:07
Floh-Seligenthal	26.92	4:06:01	9:08	35	1:54:43	173	1:56:27	50.88	7:16:46	8:35	19	1:22:27	183	1:05:47
Finsterbergen	24.12	4:32:55	11:18	33	2:10:21	164	2:23:19	75.00	11:49:41	9:27	18	1:52:45	173	5:29:50
Fröttstädt	24.83	5:23:38	13:02	34	2:59:05	161	4:11:08	99.83	17:13:19	10:21	35	8:07:36	166	11:23:43