



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Preißler, Monika

Club: Team Erdinger Alkoholfrei  
Number: 121

Course: 99.83 km  
Thüringen Ultra

Category:  
Frauen W60

Total time: 17:47:15

Speed: 5.57 km/h  
Running performance: 10:41 min/km

Rank in course/Total: 186 (of 212)

Rank in course/Women: 23 (of 27)

Best time in course: 10:18:40

Rank in category: 2(of 2)

Best time in the category: 15:37:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Ruhlaer Skihütte	23.96	3:39:48	9:10	2	16:33	25	1:24:30	23.96	3:39:48	9:10	2	16:33	2	50:11
Floh-Seligenthal	26.92	4:26:04	9:53	2	35:12	25	1:52:23	50.88	8:05:52	9:32	2	51:45	2	1:43:59
Finsterbergen	24.12	4:49:44	12:00	2	42:04	24	2:19:31	75.00	12:55:36	10:20	2	1:33:49	2	3:12:20
Fröttstädt	24.83	4:51:39	11:44	2	35:53	20	2:07:48	99.83	17:47:15	10:41	2	2:09:42	23	7:28:35