



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Beckmann, Stefan

Club: TV Borken  
Number: 90

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 9:41:49

Speed: 10.29 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 9 (of 212)

Rank in course/Men: 9 (of 185)

Best time in course: 8:36:39

Rank in category: 3(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:12:31	5:31	3	16:32	16	16:32	23.96	2:12:31	5:31	22			13	
Floh-Seligenthal	26.92	2:27:04	5:27	3	15:46	11	17:30	50.88	4:39:35	5:29	22			13	
Finsterbergen	24.12	2:27:51	6:07	2	5:17	7	18:15	75.00	7:07:26	5:41	21			10	47:35
Fröttstädt	24.83	2:34:23	6:13	2	9:50	8	1:21:53	99.83	9:41:49	5:49	3	36:06		13	3:52:13