



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Baudek, Gerald

Club: Passtschon98

Number: 44

Course: 99.83 km

Thüringen Ultra

Category:

Männer M40

Total time: 10:10:56

Speed: 9.72 km/h

Running performance: 6:07 min/km

Rank in course/Total: 12 (of 212)

Rank in course/Men: 12 (of 185)

Best time in course: 8:36:39

Rank in category: 4(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:08:04	5:20	3	8:02	10	12:05	23.96	2:08:04	5:20	29			16	
Floh-Seligenthal	26.92	2:30:41	5:35	5	13:58	17	21:07	50.88	4:38:45	5:28	29			16	
Finsterbergen	24.12	2:43:12	6:45	4	19:16	18	33:36	75.00	7:21:57	5:53	28			13	1:02:06
Fröttstädt	24.83	2:48:59	6:48	3	9:00	16	1:36:29	99.83	10:10:56	6:07	4	41:08		16	4:21:20