



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Feigel, Martin

Club: SC Delphin Ingolstadt
Number: 135

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 10:32:09

Speed: 9.40 km/h
Running performance: 6:20 min/km

Rank in course/Total: 18 (of 212)

Rank in course/Men: 16 (of 185)

Best time in course: 8:36:39

Rank in category: 2(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:14:11	5:36	3	2:50	19	18:12	23.96	2:14:11	5:36	33		22	
Floh-Seligenthal	26.92	2:27:43	5:29	2	0:13	14	18:09	50.88	4:41:54	5:32	33		22	
Finsterbergen	24.12	2:49:37	7:01	6	40:01	26	40:01	75.00	7:31:31	6:01	28		18	1:11:40
Fröttstädt	24.83	3:00:38	7:16	6	1:48:08	24	1:48:08	99.83	10:32:09	6:19	4	3:08:40	20	4:42:33