



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

**Baumann, Jürgen**

Club: LT Sulz am Eck  
Number: 101

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 10:48:29

Speed: 9.16 km/h  
Running performance: 6:30 min/km

Rank in course/Total: 21 (of 212)

Rank in course/Men: 19 (of 185)

Best time in course: 8:36:39

Rank in category: 3(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:25:46	6:05	9	14:25	43	29:47	23.96	2:25:46	6:05	34		25	
Floh-Seligenthal	26.92	2:39:42	5:55	7	12:12	34	30:08	50.88	5:05:28	6:00	34		25	
Finsterbergen	24.12	2:42:55	6:45	4	33:19	17	33:19	75.00	7:48:23	6:14	29		21	1:28:32
Fröttstädt	24.83	3:00:06	7:15	5	1:47:36	23	1:47:36	99.83	10:48:29	6:29	5	3:25:00	23	4:58:53