



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Fischer, Thomas

Club: RLT Rodgau
Number: 71

Course: 99.83 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:10:21

Speed: 8.86 km/h
Running performance: 6:43 min/km

Rank in course/Total: 31 (of 212)

Rank in course/Men: 27 (of 185)

Best time in course: 8:36:39

Rank in category: 5(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 2:23:18 | 5:58 | 8 | 23:16 | 36 | 27:19 | 23.96 | 2:23:18 | 5:58 | 28 | | 36 | |
| Floh-Seligenthal | 26.92 | 2:38:53 | 5:54 | 7 | 22:10 | 31 | 29:19 | 50.88 | 5:02:11 | 5:56 | 28 | | 36 | |
| Finsterbergen | 24.12 | 2:55:25 | 7:16 | 6 | 31:29 | 36 | 45:49 | 75.00 | 7:57:36 | 6:22 | 27 | | 29 | 1:37:45 |
| Fröttstädt | 24.83 | 3:12:45 | 7:45 | 7 | 32:46 | 36 | 2:00:15 | 99.83 | 11:10:21 | 6:42 | 5 | 1:40:33 | 31 | 5:20:45 |