



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

**Meinhardt, Henry**

Club: TSV-1880-Gera-Zwötzen  
Number: 219

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 11:14:15

Speed: 8.81 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 32 (of 212)

Rank in course/Men: 28 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:33:33	6:24	13	37:34	65	37:34	23.96	2:33:33	6:24	28		37	
Floh-Seligenthal	26.92	2:40:47	5:58	7	29:29	36	31:13	50.88	5:14:20	6:10	28		37	
Finsterbergen	24.12	2:56:22	7:18	8	33:48	38	46:46	75.00	8:10:42	6:32	25		30	1:50:51
Fröttstädt	24.83	3:03:33	7:23	7	39:00	28	1:51:03	99.83	11:14:15	6:45	7	2:08:32	32	5:24:39