



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Wilmsen, Andreas

Club: Köln
Number: 175

Course: 99.83 km
Thüringen Ultra

Category:
Männer M20

Total time: 11:14:18

Speed: 8.81 km/h
Running performance: 6:45 min/km

Rank in course/Total: 33 (of 212)

Rank in course/Men: 29 (of 185)

Best time in course: 8:36:39

Rank in category: 2(of 9)

Best time in the category: 9:38:07

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	23.96	2:27:53	6:10	2	25:53	50	31:54	23.96	2:27:53	6:10	2	25:53	38	
Floh-Seligenthal	26.92	2:37:53	5:51	2	17:44	30	28:19	50.88	5:05:46	6:00	2	43:37	38	
Finsterbergen	24.12	2:50:51	7:04	3	20:16	27	41:15	75.00	7:56:37	6:21	2	1:03:53	31	1:36:46
Fröttstädt	24.83	3:17:41	7:57	4	32:18	44	2:05:11	99.83	11:14:18	6:45	3	5:24:42	33	5:24:42