



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Woitynek, Martin

Club: KSP Kniebeuge 98 e.V.
Number: 88

Course: 99.83 km
Thüringen Ultra

Category:
Männer M35

Total time: 11:16:30

Speed: 8.78 km/h
Running performance: 6:47 min/km

Rank in course/Total: 34 (of 212)

Rank in course/Men: 30 (of 185)

Best time in course: 8:36:39

Rank in category: 5(of 16)

Best time in the category: 9:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:22:49	5:57	5	20:41	34	26:50	23.96	2:22:49	5:57	6			26
Floh-Seligenthal	26.92	2:40:02	5:56	5	22:32	35	30:28	50.88	5:02:51	5:57	6			39
Finsterbergen	24.12	2:55:49	7:17	7	42:33	37	46:13	75.00	7:58:40	6:22	5	1:25:44	32	1:38:49
Fröttstädt	24.83	3:17:50	7:58	8	2:02:21	45	2:05:20	99.83	11:16:30	6:46	6	3:53:01	34	5:26:54