



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Beetz, Dirk

Club: Magdeburg
Number: 98

Course: 99.83 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:23:38

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 39 (of 212)

Rank in course/Men: 35 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:41:26	6:44	16	41:24	87	45:27	23.96	2:41:26	6:44	26		44	
Floh-Seligenthal	26.92	2:51:09	6:21	13	34:26	67	41:35	50.88	5:32:35	6:32	26		44	
Finsterbergen	24.12	2:51:43	7:07	5	27:47	29	42:07	75.00	8:24:18	6:43	25		37	2:04:27
Fröttstädt	24.83	2:59:20	7:13	5	19:21	20	1:46:50	99.83	11:23:38	6:50	7	1:53:50	39	5:34:02