



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Beetz, Dirk

Club: Magdeburg
Number: 98

Course: 99.83 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:23:38

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 39 (of 212)

Rank in course/Men: 35 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 2:41:26 | 6:44 | 16 | 41:24 | 87 | 45:27 | 23.96 | 2:41:26 | 6:44 | 26 | | 44 | |
| Floh-Seligenthal | 26.92 | 2:51:09 | 6:21 | 13 | 34:26 | 67 | 41:35 | 50.88 | 5:32:35 | 6:32 | 26 | | 44 | |
| Finsterbergen | 24.12 | 2:51:43 | 7:07 | 5 | 27:47 | 29 | 42:07 | 75.00 | 8:24:18 | 6:43 | 25 | | 37 | 2:04:27 |
| Fröttstädt | 24.83 | 2:59:20 | 7:13 | 5 | 19:21 | 20 | 1:46:50 | 99.83 | 11:23:38 | 6:50 | 7 | 1:53:50 | 39 | 5:34:02 |