



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Meinhardt, Angela

Club: TSV 1880 Gera-Zwötzen
Number: 157

Course: 99.83 km
Thüringen Ultra

Category:
Frauen W40

Total time: 11:26:30

Speed: 8.65 km/h
Running performance: 6:53 min/km

Rank in course/Total: 40 (of 212)

Rank in course/Women: 5 (of 27)

Best time in course: 10:18:40

Rank in category: 3(of 12)

Best time in the category: 10:18:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:35:09	6:28	5	19:51	7	19:51	23.96	2:35:09	6:28	3	8:03	23	
Floh-Seligenthal	26.92	2:40:13	5:57	4	6:32	4	6:32	50.88	5:15:22	6:11	3	10:46	23	
Finsterbergen	24.12	2:47:18	6:56	3	17:05	3	17:05	75.00	8:02:40	6:26	3	27:51	21	
Fröttstädt	24.83	3:23:50	8:12	3	39:59	7	39:59	99.83	11:26:30	6:52	3	1:07:50	5	1:07:50