



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Lehrieder, Gerald

Club: LG Würzburg  
Number: 728

Course: 75.07 km  
DM der DUV

Category:  
Männer M45

Total time: 6:33:15

Speed: 11.44 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 4 (of 48)

Rank in course/Men: 4 (of 38)

Best time in course: 5:46:25

Rank in category: 1(of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:01:51	4:31	2	3:18	8	8:19	26.92	2:01:51	4:31	2	3:18	25	
Finsterbergen	24.12	2:06:01	5:13	1	-	6	13:51	51.04	4:07:52	4:51	2		25	
Fröttstädt	24.83	2:25:23	5:51	1	-	4	26:16	75.07	6:33:15	5:14	1	-	4	46:50