



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Jendretzke, Kai

Club: 1.FC Kaiserslautern
Number: 753

Course: 75.07 km
DM der DUV

Category:
Männer M40

Total time: 10:13:52

Speed: 7.33 km/h
Running performance: 8:11 min/km

Rank in course/Total: 36 (of 48)

Rank in course/Men: 29 (of 38)

Best time in course: 5:46:25

Rank in category: 6(of 6)

Best time in the category: 5:46:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:37:10	5:50	6	43:23	24	43:38	26.92	2:37:10	5:50	6	42:02	13	
Finsterbergen	24.12	2:45:48	6:52	6	53:38	20	53:38	51.04	5:22:58	6:19	6	1:35:40	13	
Fröttstädt	24.83	4:50:54	11:42	6	2:51:47	34	2:51:47	75.07	10:13:52	8:10	6	4:27:27	29	4:27:27