



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Schrod, Thomas

Club: SG Druckerei Spiegler
Number: 701

Course: 75.07 km
DM der DUV

Category:
Männer M60

Total time: 10:18:49

Speed: 7.27 km/h
Running performance: 8:14 min/km

Rank in course/Total: 38 (of 48)

Rank in course/Men: 31 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 5)

Best time in the category: 8:52:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	3:04:11	6:50	3	52:35	35	1:10:39	26.92	3:04:11	6:50	3	52:35	15	20:45
Finsterbergen	24.12	3:28:07	8:37	3	26:06	34	1:35:57	51.04	6:32:18	7:41	3	1:02:20	15	37:06
Fröttstädt	24.83	3:46:31	9:07	2	27:38	29	1:47:24	75.07	10:18:49	8:14	2	1:26:37	31	4:32:24