



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Haßlinger, Johannes

Club: VC/LG Nienburg
Number: 737

Course: 75.07 km
DM der DUV

Category:
Männer M30

Total time: 6:56:37

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 8 (of 48)

Rank in course/Men: 8 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 2)

Best time in the category: 6:04:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	1:53:32	4:13	1	-	1	-	26.92	1:53:32	4:13	2			29
Finsterbergen	24.12	2:20:40	5:49	2	23:05	8	28:30	51.04	4:14:12	4:58	2	21:41		29
Fröttstädt	24.83	2:42:25	6:32	2	30:02	10	43:18	75.07	6:56:37	5:32	2	51:43	8	1:10:12