



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.
Number: 738

Course: 75.07 km
DM der DUV

Category:
Männer M45

Total time: 7:06:46

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 9 (of 48)

Rank in course/Men: 9 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:14:04	4:58	4	15:31	12	20:32	26.92	2:14:04	4:58	3	15:31	20	
Finsterbergen	24.12	2:23:26	5:56	3	17:25	10	31:16	51.04	4:37:30	5:26	3		20	
Fröttstädt	24.83	2:29:16	6:00	2	3:53	6	30:09	75.07	7:06:46	5:41	2	33:31	9	1:20:21