



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.
Number: 738

Course: 75.07 km
DM der DUV

Category:
Männer M45

Total time: 7:06:46

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 9 (of 48)

Rank in course/Men: 9 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Floh-Seligenthal | 26.92 | 2:14:04 | 4:58 | 4 | 15:31 | 12 | 20:32 | 26.92 | 2:14:04 | 4:58 | 3 | 15:31 | 20 | | |
| Finsterbergen | 24.12 | 2:23:26 | 5:56 | 3 | 17:25 | 10 | 31:16 | 51.04 | 4:37:30 | 5:26 | 3 | | 20 | | |
| Fröttstädt | 24.83 | 2:29:16 | 6:00 | 2 | 3:53 | 6 | 30:09 | 75.07 | 7:06:46 | 5:41 | 2 | 33:31 | 9 | 1:20:21 | |