



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Braungart, Georg

Club: LG Würzburg
Number: 729

Course: 75.07 km
DM der DUV

Category:
Männer M45

Total time: 7:12:43

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 10 (of 48)

Rank in course/Men: 10 (of 38)

Best time in course: 5:46:25

Rank in category: 3(of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Floh-Seligenthal | 26.92 | 2:16:57 | 5:05 | 5 | 18:24 | 16 | 23:25 | 26.92 | 2:16:57 | 5:05 | 4 | 18:24 | 31 | |
| Finsterbergen | 24.12 | 2:24:54 | 6:00 | 4 | 18:53 | 12 | 32:44 | 51.04 | 4:41:51 | 5:31 | 4 | | 31 | |
| Fröttstädt | 24.83 | 2:30:52 | 6:04 | 3 | 5:29 | 7 | 31:45 | 75.07 | 7:12:43 | 5:45 | 3 | 39:28 | 10 | 1:26:18 |