



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Rodenbeck, Brigitte

Club: LG Braunschweig  
Number: 725

Course: 75.07 km  
DM der DUV

Category:  
Frauen W55

Total time: 7:32:47

Speed: 9.94 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 12 (of 48)  
Rank in course/Women: 1 (of 10)  
Best time in course: 7:32:47

Rank in category: 1(of 2)  
Best time in the category: 7:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Floh-Seligenthal	26.92	2:31:33	5:37	1	-	1	-	26.92	2:31:33	5:37	1	-	1	-
Finsterbergen	24.12	2:23:28	5:56	1	-	1	-	51.04	4:55:01	5:46	1	-	1	-
Fröttstädt	24.83	2:37:46	6:21	1	-	1	-	75.07	7:32:47	6:01	1	-	1	-