



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

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Club: IGL Reutlingen  
Number: 721

Course: 75.07 km  
DM der DUV

Category:  
Männer M55

Total time: 7:50:23

Speed: 9.57 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 17 (of 48)

Rank in course/Men: 16 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 6)

Best time in the category: 7:45:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:16:07	5:03	1	-	15	22:35	26.92	2:16:07	5:03	2			37
Finsterbergen	24.12	2:34:03	6:23	3	8:12	17	41:53	51.04	4:50:10	5:41	2			37
Fröttstädt	24.83	3:00:13	7:15	3	17:46	17	1:01:06	75.07	7:50:23	6:15	2	5:23	16	2:03:58