



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Blumensaat, Roland

Club: www.schritt-weise.de
Number: 705

Course: 75.07 km
DM der DUV

Category:
Männer M50

Total time: 8:19:29

Speed: 9.01 km/h
Running performance: 6:39 min/km

Rank in course/Total: 22 (of 48)

Rank in course/Men: 20 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 4)

Best time in the category: 7:28:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:41:10	5:59	2	25:18	25	47:38	26.92	2:41:10	5:59	2	25:18	3	
Finsterbergen	24.12	2:46:29	6:54	2	22:54	21	54:19	51.04	5:27:39	6:25	2	48:12	3	
Fröttstädt	24.83	2:51:50	6:55	2	2:43	14	52:43	75.07	8:19:29	6:39	2	50:55	19	2:33:04