



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Madry, Norbert

Club: Blau-Gelb Marburg
Number: 742

Course: 75.07 km
DM der DUV

Category:
Männer M55

Total time: 8:27:00

Speed: 8.88 km/h
Running performance: 6:45 min/km

Rank in course/Total: 23 (of 48)

Rank in course/Men: 21 (of 38)

Best time in course: 5:46:25

Rank in category: 4(of 6)

Best time in the category: 7:45:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:31:18	5:37	3	15:11	20	37:46	26.92	2:31:18	5:37	4	1:31	5	
Finsterbergen	24.12	2:25:51	6:02	1	-	13	33:41	51.04	4:57:09	5:49	4		5	
Fröttstädt	24.83	3:29:51	8:27	5	47:24	26	1:30:44	75.07	8:27:00	6:45	4	42:00	21	2:40:35