



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Fiehring, Andrea

Club: SV Steinbach  
Number: 703

Course: 75.07 km  
DM der DUV

Category:  
Frauen W45

Total time: 9:18:41

Speed: 8.05 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 30 (of 48)  
Rank in course/Women: 5 (of 10)  
Best time in course: 7:32:47

Rank in category: 2(of 3)  
Best time in the category: 8:17:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Floh-Seligenthal	26.92	2:44:09	6:05	2	6:59	4	12:36	26.92	2:44:09	6:05	2	6:59	6	12:36
Finsterbergen	24.12	3:08:23	7:48	2	23:08	5	44:55	51.04	5:52:32	6:54	2	30:07	6	57:31
Fröttstädt	24.83	3:26:09	8:18	2	30:42	6	48:23	75.07	9:18:41	7:26	2	1:00:49	5	1:45:54