



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Herget, Thomas

Club: LG Fulda
Number: 739

Course: 75.07 km
DM der DUV

Category:
Männer M40

Total time: 6:13:56

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 3 (of 48)

Rank in course/Men: 3 (of 38)

Best time in course: 5:46:25

Rank in category: 2(of 6)

Best time in the category: 5:46:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	1:56:59	4:20	3	3:12	5	3:27	26.92	1:56:59	4:20	2	1:51	23	
Finsterbergen	24.12	2:01:42	5:02	2	9:32	3	9:32	51.04	3:58:41	4:40	2	11:23	23	
Fröttstädt	24.83	2:15:15	5:26	2	16:08	3	16:08	75.07	6:13:56	4:58	2	27:31	3	27:31