



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Rosenau, Dietmar

Club: LG DUV
Number: 744

Course: 75.07 km
DM der DUV

Category:
Männer M50

Total time: 9:31:58

Speed: 7.87 km/h
Running performance: 7:37 min/km

Rank in course/Total: 33 (of 48)

Rank in course/Men: 28 (of 38)

Best time in course: 5:46:25

Rank in category: 4(of 4)

Best time in the category: 7:28:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Floh-Seligenthal	26.92	2:54:19	6:28	4	38:27	33	1:00:47	26.92	2:54:19	6:28	4	38:27	12	10:53
Finsterbergen	24.12	3:14:33	8:03	4	50:58	31	1:22:23	51.04	6:08:52	7:13	4	1:29:25	12	13:40
Fröttstädt	24.83	3:23:06	8:10	3	33:59	24	1:23:59	75.07	9:31:58	7:37	4	2:03:24	28	3:45:33