



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Bergelt, Carola

Total time: 9:40:50

Club: SG Druckerei Spiegler Bad Vilbel / JK Running Speed: 7.75 km/h

Number: 714

Running performance: 7:44 min/km

Course: 75.07 km

Rank in course/Total: 34 (of 48)

DM der DUV

Rank in course/Women: 6 (of 10)

Best time in course: 7:32:47

Category:

Rank in category: 1(of 1)

Frauen W40

Best time in the category: 9:40:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Floh-Seligenthal	26.92	3:03:50	6:49	1	-	6	32:17	26.92	3:03:50	6:49	1	-	7	32:17
Finsterbergen	24.12	3:12:32	7:58	1	-	6	49:04	51.04	6:16:22	7:22	1	-	7	1:21:21
Fröttstädt	24.83	3:24:28	8:14	1	-	5	46:42	75.07	9:40:50	7:44	1	-	6	2:08:03