



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Laufteam Town & Country HAUS

Number: 4024

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 7:15:05

Speed: 13.65 km/h

Running performance: 4:22 min/km

Rank in course: 1 (of 34)

Best time in course: 7:15:05

Rank in category: 1(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	1:39:22	4:08	1	-	1	-	23.96	1:39:22	4:08	12	-	12	27
Floh-Seligenthal	26.92	1:51:42	4:08	1	-	1	-	50.88	3:31:04	4:08	12	-	12	27
Finsterbergen	24.12	1:46:13	4:24	1	-	1	-	75.00	5:17:17	4:13	12	-	12	27
Fröttstädt	24.83	1:57:48	4:44	2	6:41	4	8:32	99.83	7:15:05	4:21	1	-	1	-