



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

renner & steiger

Number: 4016

Course: 99.83 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 8:59:41

Speed: 11.01 km/h

Running performance: 5:25 min/km

Rank in course: 11 (of 34)

Best time in course: 7:15:05

Rank in category: 3(of 9)

Best time in the category: 8:03:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:25:30	6:04	5	28:04	28	46:08	23.96	2:25:30	6:04	3	28:04	28	6:25
Floh-Seligenthal	26.92	2:24:29	5:22	5	20:00	18	32:47	50.88	4:49:59	5:41	3	48:04	28	3:58
Finsterbergen	24.12	2:13:35	5:32	4	20:49	13	27:22	75.00	7:03:34	5:38	3	1:08:32	28	
Fröttstädt	24.83	1:56:07	4:40	2	6:51	3	6:51	99.83	8:59:41	5:24	3	55:42	11	1:44:36