



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

LTV Renner

Number: 4031

Course: 99.83 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 9:17:55

Speed: 10.65 km/h

Running performance: 5:35 min/km

Rank in course: 14 (of 34)

Best time in course: 7:15:05

Rank in category: 4(of 9)

Best time in the category: 8:03:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:20:05	5:50	3	22:39	24	40:43	23.96	2:20:05	5:50	4	22:39	31	1:00
Floh-Seligenthal	26.92	2:14:22	4:59	3	9:53	8	22:40	50.88	4:34:27	5:23	4	32:32	31	
Finsterbergen	24.12	2:07:29	5:17	3	14:43	10	21:16	75.00	6:41:56	5:21	4	46:54	31	
Fröttstädt	24.83	2:35:59	6:16	5	46:43	19	46:43	99.83	9:17:55	5:35	4	1:13:56	14	2:02:50