



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Dolmarhoppers Christes

Number: 4028

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:26:16

Speed: 10.49 km/h

Running performance: 5:40 min/km

Rank in course: 15 (of 34)

Best time in course: 7:15:05

Rank in category: 10(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	1:59:47	4:59	7	20:25	8	20:25	23.96	1:59:47	4:59	13	4:03	32	
Floh-Seligenthal	26.92	2:14:34	4:59	6	22:52	9	22:52	50.88	4:14:21	4:59	13	11:58	32	
Finsterbergen	24.12	2:21:35	5:52	12	35:22	18	35:22	75.00	6:35:56	5:16	13		32	
Fröttstädt	24.83	2:50:20	6:51	16	59:13	26	1:01:04	99.83	9:26:16	5:40	10	2:11:11	15	2:11:11